

POLICY AREA	Dementia License Policies
TITLE OF POLICY	3.02 ALDC Behavioral Symptoms, Interventions & Nonpharmacological Approaches
STATUE/RULE REFERENCE (if any)	144G.82 Subd. 3 (2), 144G.84 (e)
EFFECTIVE/REVISED DATE	08/01/2021

POLICY: As an Assisted Living with Dementia Care licensed facility, Heritage of Edina supports person-centered and evidence-based evaluation of behavioral symptoms and design of supports for intervention plans; including nonpharmacological interventions or practices in the following ways:

1. Nursing will use information obtained from resident's UATs to help develop interventions.
2. Behavior Interventions will be placed at HHA stations for easy access when needed.
3. Interventions will include actions such as
 - a. Redirection
 - b. Assist with normal ADLs- take to the bathroom, talk on a walk, etc.
 - c. Take outside if able
 - d. Provide reassurance that resident is loved, respected and appreciated
 - e. Listen to music
 - f. Offer favorite foods or a snack or drink
 - g. Look through photo albums
 - h. Read stories aloud
 - i. Watch preferred TV shows or TV station
 - j. Provide calm or quiet space
 - k. Reminisce about past life stories, travels, memories
 - l. Provide and encourage participation in favorite activity
 - m. Provide an outlet to work off energy
 - n. Give small tasks or chores
 - o. Provide activities that can be done with others, puzzles, coloring, exercise, sewing, crocheting,
 - p. Assist to call make phone call to friend or family
 - q. Remove source of agitation
 - r. Remove resident from anxiety giving situation
 - s. Acknowledge the resident's frustration or sadness while continuing to express hope that they will feel better
 - t. Speak slowly and used few words to help resident understand
 - u. Provide validation by acknowledging their fear
 - v. Others that may be resident specific

PROCEDURE:

Heritage of Edina will identify behavioral symptoms that negatively impact other residents and others in the assisted living facility and evaluate to determine potential interventions to minimize such behaviors. Instructions on where to find interventions will be identified on the care plan or service plan. Behavioral symptoms that require outside consultation or acute care placement will be identified and acted upon.